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Compiled by experts of international renown, Fascia: The Tensional Network of the Human Body brings together very different contributors who share the desire to bridge the gap between theory and practice as much as possible in our current knowledge of the human fascia. With contributions from over 100 specialists and researchers from throughout the world, this new volume will be ideal for all professionals who have an interest in fascia and human movement - physiotherapists, osteopathic ...

Fascia: The Tensional Network of the Human Body: The ...
Fascia - The Tensional Network of the Human Body: The Science and Clinical Applications in Manual and Movement Therapy. Edited By: Robert Schleip PhD, MA Thomas W Findley MD, PhD Leon Chaitow ND, DO Peter A Huijing PhD. This site hosts a range of videos supporting the text - Fascia: The Tensional Network of the Human Body. A number of contributors to this volume have used this website for posting instructive video sequences related to their chapter.

Elsevier: Schleip: Fascia: The Tensional Network of the ...
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The Tensional Network of the Human Body by Schleip et al. identifies six different models of how to organize muscle, fascia and connective tissue into specific lines of pull (Schleip et al., 2012). The names of various models include "trains," "slings" and "chains."

Cutting Edge: Training the Fascial Network (Part 2)
Fascia: The Tensional Network of the Human Body. London: Elsevier, Schleip, R. (2003). Fascial plasticity: A new neurobiological explanation (Part I). Journal of Bodywork and Movement Therapies, 7, 1, 11-19. Schleip, R. (2003). Fascial plasticity: A new neurobiological explanation (Part II). Journal of Bodywork and Movement Therapies, 7, 2 ...

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